We all need different things in order to thrive.

The same support and opportunities won’t work for everyone.

What can we do to ensure everyone gets what they need to thrive?

We listen to what each person needs and provide the opportunities and resources so we can grow together!
Seems like there's so much anger and fear in the world right now.

That's real. We need to love ourselves and each other and our differences. Love is stronger than hate.

Love is a fierce way of being!
I love being who I am around y'all!

You're valued and important to our community.

We should all feel comfortable in our communities. Each of us being who we are is what makes us stronger together!

Let's create communities where all of us are welcome!
Treating yourself with love isn’t just about your body. I’ve been exercising but lately I’ve just been feeling down. Check in with yourself—care and love your whole self!

Every part of us—mind, body, and spirit—needs and deserves our love!
When we make decisions together, we root them in love. We need to listen and make decisions centered around our collective healing and humanity. Because we are stronger together!

What if those decisions aren't supporting me?

We need to listen and make decisions centered around our collective healing and humanity.

Because we are stronger together!

#WECHOOSEALLOFUS A project of the Idaho Coalition Against Sexual & Domestic Violence www.engagingvoices.org

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That seems too good to be true. What would that look like?

We would live in harmony and abundance - our power coming from supporting each other.

When everyone has the resources to live their best life then so will we.

Imagine how the world would be if we all were all thriving.

And we can start now!
Sometimes I think it’s easier to forget all the hard stuff we’ve been through.

But what happens when the hard stuff comes back around?

Healing can be hard, but it allows us to make peace with our past and reshape our future.

It allows you to be here. You are so important to community, so allow all of yourself to heal.