Movements begin with conversations — speak to your friends, family, and community members about gender equity as a way to create a better world.

**Gender** — Roles, behaviors, or characteristics that society tells us that are masculine or feminine and that are learned through socialization processes.

**Gender Inequality** — When people are valued and treated differently simply because of their gender. For instance, girls and women, and people who are lesbian, gay, transgender, and/or queer have been historically devalued and impacted by discrimination and violence.

**Equity** — Involves trying to understand and ensure people have what they need to enjoy full, healthy lives.

**Where to get help**

If someone is in immediate danger, call 911.

If you or a friend might be in an abusive relationship or impacted by sexual assault, talk to a parent/caregiver, a school counselor, another adult you trust, or a community or tribal domestic or sexual violence program.

**Hotline Numbers**

**National Dating Abuse Helpline**
1-866-331-9474 or www.loveisrespect.org to chat online

**National Sexual Assault Hotline**
1-833-656-HOPE (4673)

**Trevor Project (LGBTQ Youth)**
1-866-488-7386

**National Suicide Hotline**
1-800-273-TALK (8255)

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We want to end gender inequality—and to do that we need everyone to be involved.

— Emma Watson

Promote Gender Equity to Create a Better World - Call to Action!

Action 1: Value characteristics like compassion, empathy, and respect more than characteristics like abusive power or control. Strength comes from caring, not control!

Action 2: Understand that gender inequality and gender violence are human rights issues for all of us. Everyone needs to be involved in creating gender equity and ending gender violence in all its forms. All persons — no matter their gender — deserve to be free from discrimination and abuse.

Action 3: Celebrate what makes you special and respect others. Be yourself!

Action 4: Confront or tell an adult about anyone who is disrespectful towards another student. For instance explain why a discriminatory, sexist, or homophobic remark or joke is harmful and not funny.