Action 7: Take the Our Gender Revolution Challenge on www.lovewhatsreal.com to find out if your school promotes gender equity. Step up and be a leader for equity in your school.

Action 8: Watch the YouTube video of Emma Watson speaking at the United Nations on being a feminist and gender equality.

Action 9: Invite a community or tribal domestic and/or sexual violence program to lead the Our Gender Revolution Conversation in your class, club, or school. Download the guide on www.lovewhatsreal.com.

Action 10: Movements begin with conversations — speak to your friends, family and community members about gender equity as a way to create a better world.

Where to get help
If someone is in immediate danger, call 911.
If you or a friend might be in an abusive relationship or impacted by sexual assault, talk to a parent/caregiver, a school counselor, another adult you trust, or a community or tribal domestic or sexual violence program.

Hotline Numbers
National Dating Abuse Helpline
1-866-331-9474 or www.loveisrespect.org to chat online

National Sexual Assault Hotline
1-833-656-HOPE (4673)

Trevor Project (LGBTQ Youth)
1-866-488-7386

National Suicide Hotline
1-800-273-TALK (8255)

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We want to end gender inequality—and to do that we need everyone to be involved.

— Emma Watson

Our Gender Revolution believes in a world where everyone can thrive and fulfill their real potential.

Unfortunately, our history of unequal power between men and women has resulted in discrimination and gender violence — like abuse and sexual assault — against girls and women, transgender, and people who are gender non-conforming.

Violence against anyone is wrong. We know it can be different. Our vision for a better world begins with you!

Promote Gender Equity as a Way to End Gender Violence - Call to Action!

**Action 1:** Value characteristics like compassion and respect more than characteristics like domination or control. Strength comes from caring, not control!

**Action 2:** Connect to one another as human beings — be supportive and nurturing.

**Action 3:** Understand that gender inequality and gender violence are human rights issues for all of us. Everyone needs to be involved in creating gender equity and ending gender violence in all its forms. All persons — no matter their gender — deserve to be free from discrimination and abuse.

**Action 4:** Disrupt or confront anyone who is disrespectful. For instance explain why a discriminatory, sexist, or homophobic remark or joke is harmful and not funny.

**Action 5:** Be accountable for your thoughts, language and actions. Challenge yourself to ensure your actions and beliefs promote equity.

**Action 6:** Believe your friends if they talk about discrimination or violence that they have experienced.