EQUALITY

Consider every opinion
Value compromise
Let others have their own accomplishments
Acknowledge the differences in our world

Real Moments. Real Relationships.

Can you consider different viewpoints?
www.lovewhatsreal.com #lovewhatsreal
Listen
Highlight each other’s strengths
Be there for one another
Know when to make time

Real Moments. Real Relationships.

Can you discuss problems with your partner?
www.lovewhatsreal.com
#lovewhatsreal
RESPONSIBILITY

Consider the consequences of your actions

Real Moments. Real Relationships.

Do you make decisions that are healthy?

www.lovewhatsreal.com #lovewhatsreal

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SAFETY

Watch out for your friends
Feeling comfortable, not pressured
Value your instincts

Real Moments. Real Relationships.

Do you watch out for your friends?
www.lovewhatsreal.com
#lovewhatsreal
Rumors are not a solution
Drama complicates everything
Talk it out

Real Moments. Real Relationships.

Does drama seem to find you in your relationships?
www.lovewhatsreal.com
#lovewhatsreal
CONFIDENCE

Know yourself
Listen to your feelings
Know your values and interests

Real Moments. Real Relationships.

What’s important to you in a relationship?

www.lovewhatsreal.com
#lovewhatsreal
Can you talk honestly face-to-face?

www.lovewhatsreal.com
#lovewhatsreal
TRUST

Foundation of a good relationship
Trust should be mutual
Sharing real thoughts and feelings

Are you unsure about your relationship?
www.lovewhatsreal.com
#lovewhatsreal

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Understand each other’s perspective
Empathy for others

Real Moments. Real Relationships.

Do you appreciate differences?
www.lovewhatsreal.com
#lovewhatsreal

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COOPERATION

Working together
Helping each other
Handling conflict

Real Moments. Real Relationships.

Do you provide help when needed?
www.lovewhatsreal.com
#lovewhatsreal

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Find balance in your life
Have your own experiences
Consider your own and your partner’s priorities beyond your relationship

Do you need to see your partner constantly?

www.lovenwhatsreal.com
#lovenwhatsreal

Real Moments. Real Relationships.

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ACCEPTANCE

Be open-minded
Embrace differences
Be yourself

Do you change who you are in relationships?
www.lovewhatsreal.com
#lovewhatsreal

Real Moments. Real Relationships.